



DOSAGE CHART (Detailed)

*Conversion Chart is rough comparison only...
absorbtion ratios vary per individual*

DAILY Dosing Comparison For Various Conditions

Condition:	Vitalzym	
	Activation or in Pain	Maintenance
General Wellbeing	2 caps/2x*	1-3 caps
Chronic Fatigue	4-6 caps/2x*	3 caps/2x
Chronic Pain	4-6 caps/2x*	3 caps/2x
Firbromyalgia	4-6 caps/2x*	3 caps/2x
Autoimmune Conditions	5 caps/2x*	3 caps/2x
Osteoarthritis	3 caps/2x*	3 caps/2x
Uterine Fibroids	5-6 caps/2x*	3 caps/2x
Endometriosis	3-4 caps/2x*	1-3 caps/2x
Opening Circulation	5 caps/2x*	1-3 caps/2x
Traumatic Inflammation	5-6 caps/2x*	1-3 caps
New Strains/Sprains	5 caps/2x*	1-3 caps/2x
Post Surgical Recovery	3-5 caps/2x*	1-3 caps/2x
Edema	5 caps/2x*	1-3 caps/2x
Post Operative Scar Tissue	3-5 caps/2x*	1-3 caps/2x
Keloids	3-6 caps/2x*	1-3 caps/2x
Fibrosis of the Organs	3-5 caps/2x*	3 caps/2x
To aid in Physical Training	2 caps/2x*	1 cap/2x
Detoxification	3 caps/2x*	3 caps/2x

Most individuals will feel the benefit within 2-6 caps/2x/day. However, with Vitalzym, in very severe situations, you could increase the amount but you should not need to.

*Activation dosages should be continued (or increased) until fibrin or scar tissue has been removed